

HIGHLIGHTS

Newsletter of the Sunrise Optimist Club

We are on the worldwide web: www.sunriseoptimist.org

Dave Ireland substituted for President Maginot and opened the meeting at 6:45 AM.

Frank Henderson gave the invocation.

Ray Droge led us in the flag salute.

The weekly drawing was won by **Kit Kelley**

Kyle McNorton won the progressive pot.

Pete Foster won the 50-50 drawing and donated his winnings to the club.

Andrew Childs was a guest of **Frank Henderson**. He is a graduate of Seaman and Washburn and now works for New York Life.

Jim Andrews, Linda Lanning, Clay Myers, and Charles Nicolay had birthdays.

Thanks to **Lloyd Becker, Roger Barnes, Eric Showalter, Dean Parsons, Gary Scarlett, and Kieth Bodine** for tearing down the Christmas tree lot and hauling away the remaining trees.

Future Programs:

Jan. 12- Joe Zima, retired Topeka USD 501 attorney and movie critic. Seaman Student of the Month.

Jan. 19th – Mitch Weber News Anchor, KTSB Channel 27.

Jan. 26th – Julie Prideaux, Midland Hospice.

The program was presented by Seaman basketball coaches **Larry Latimer and Steve Alexander**. These two gentlemen represent the best in high school athletics! They are educators, mentors, counselors, and teachers first and coaches second. These two close friends put character development, handling pressure, and sportsmanship ahead of teaching basketball skills. They have high expectations and stress giving back to the community- as evidenced by recent food and clothing donations to the Rescue Mission. They talk very positively about the entire Seaman community and see importance of the Seaman basketball program in contributing to community unity. We are fortunate to have these two working with our students! They have our thanks and sincere admiration.

Last Wednesday my wife, Myra, had unexpected triple bypass heart surgery. She is now at Stormont-Vail recuperating. As soon as I complete this newsletter my son, Steve, who is substituting for Myra, and I will deliver our regular Tuesday Meals-on-wheels route. Then I will go to the hospital and bring Myra home. Unexpected negative events like this make a person more fully appreciate good health and the importance of friends, family, and those we love.

Man strives for glory, honor, *fame*, that all the world may know his *name*.. But when he nears the end of *life* and looks back over the years of *strife*. He finds that happiness depends on none of these, but love of friends.

One thing I do know; the only ones among you who will be really happy are those who have sought and found how to serve-
Albert Schweitzer

Every dog has his day and cats their nights.

Serenity is not freedom from the storm, but peace amidst it.

EXCELLENCE CAN BE ATTAINED IF YOU
Care more than others think is wise
Risk more than others think is safe
Dream more than others think is practical
Expect more than others think is possible

When you have a taste for exceptional people you always end up meeting them everywhere. Think small and you'll remain small. It is impossible for an optimist to be pleasantly surprised.

If you think you are beaten, you are; If you think you dare not, you *don't*; If you'd like to win but think you can't; It's almost certain you *won't*. Life's battles don't always go, to the stronger or faster *man*, but sooner or later, the man who wins; Is the man who thinks he *can*.

A pessimist is a person who, regardless of the present, is disappointed in the future. Believe you are defeated, believe it long enough, and it is likely to become a fact.
Mark Twain

Closed with the Creed

SUNRISE OPTIMIST
NORTH TOPEKA
Meetings: Every
Tuesday 6:45 AM
720 NW 50th St, Topeka