

# HIGHLIGHTS

## Newsletter of the Sunrise Optimist Club

Celebrating over 50 years of service to Youth & North Topeka!

President Chanc Harris called the meeting to order at 6:45 AM.

Dan Lill gave the invocation.

Troy Abel led us in the flag salute.

We had guests this morning, Kelly Weber, Barbara Slimmer, Ron Griffith (barber that used to cut our speaker's hair) and Connie Fisher (programs wife). Invite a guest, or a friend to our meetings.

### Birthdays:

Rick Colton and Ernie Douglas (20<sup>th</sup>)

Vince Weber (21<sup>st</sup>), Robert Uphaus (23<sup>rd</sup>), Ben Schreiner (24<sup>th</sup>) and we sang!

The next Sunrise Board of Directors meeting will be February 10<sup>th</sup>, 2015 at 6pm.

They were working on the turf project this morning, nice weather.

Mark your calendars for April 11<sup>th</sup>, 2015 for Sunrise Optimist Trap Shoot. 10am – 2pm

“Helping Optimists Help Kids”  
Would you consider making a gift of just a dime a day?

**BUILDING A FUTURE WHERE EVERY KID COUNTS – CAN YOU SPARE A DIME A DAY?**

**Program:** Bob Fisher, World's Fastest Free Throw Shooter from Centralia, KS. Guinness World Record, the most basketball free throws made in one hour is 2,371 achieved by Bob J. Fisher at Centralia High School on 17, December 2011. Bob's most free throws made...in 30 seconds – 33, in one minute – 50, in two minutes – 92, in ten minutes – 448, in one minute while alternating hands – 44, in two minutes while alternating hands – 88, in one minute by a pair

(with Garrett Steinlage) – 29, in one minute by a pair using two balls (with Garrett Steinlage) – 24, in one minute while standing on one leg – 49, in one minute by a coed pair (with Dana Kramer) – 32, in one minute underhanded – 28, in one minute BLINDFOLDED – 22, in two minutes BLINDFOLDED – 37 and he's left handed. Bob said there is 3 ingredients for success: Hardwork, Perseverance/time and Knowledge.

Speaker's Quote: The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark.  
Michelangelo

### FUTURE PROGRAMS:

Jan. 27<sup>th</sup> – James Adams, Seaman USD 345 President

Feb. 3<sup>rd</sup> - Leroy Russell, Shawnee Co Extension Agent

Feb. 10<sup>th</sup> – Larry Dain & Roger Farthing Shrine Arab Carnival

Feb. 17<sup>th</sup> – James Young, Author on WWII an Alternate Way of History

Drawings- Weekly: Troy Abel  
Progressive: Ben Schreiner

President's Quote for the Week – I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character.  
Martin Luther King, Jr.

Closed with the OPTIMIST CREED.



Meetings: Every  
Tuesday 6:45 AM  
720 NW 50<sup>th</sup> St, Topeka

Then we drove across the street to the Seaman High School and watched Bob Fisher free throw basketballs!