

# HIGHLIGHTS

## Newsletter of the Sunrise Optimist Club

**Celebrating over 50 years of service to Youth & North Topeka!**

Judge Frank Yeoman called the meeting to order.

Marshall Madill led the invocation.  
Don Pehrul led us in the Flag Salute.

Tyler Mossiman won the ticket drawing.

Karen Ireland won the progressive drawing

Robert Uphaus and Ben Schreiner had Birthdays

Our next pancake feed will be on February 16<sup>th</sup>. We need your help on that day.

The Second Quarter District meeting will be held this weekend, January 25 and 26, at the Westminster Presbyterian church in Ottawa. Lots of fun activities are planned in addition to the business sessions. Dinner and Potato Bar- Bunco etc.

Program- Bruce Steinbrock, Washburn University. Bruce is a native of Salina Kansas. He worked in radio for many years before coming to Washburn. He reminded us that two former Washburn players will play in the Super Bowl. In Basketball a four game homestand is coming up. Washburn has 127 Ichabod Endowed Scholarships. It is now recruiting time for football. Washburn coaches have raised expectations, integrity, and commitment.

#### Future Programs:

Next Week, January 29<sup>th</sup>- David Burlew, Special Agent, Federal Bureau of Investigation Training Coordinator.  
February 5<sup>th</sup>- To Be Announced  
February 12<sup>th</sup>- Seaman Student of the Month

On the last Tuesday of February, we will meet in the "Family Room" at Parker-Price mortuary. We MIGHT also meet there on the first Tuesday of March.

OK Wake up all you Optimist's! That's right if you can't get to the early Tuesday mornings then here's another chance. That's what the 5<sup>th</sup> Tuesday's are for. Are you ready for some fun? That's what we're planning **January 29<sup>th</sup>, KANSAS DAY - 6pm**. Are you a Trivia buff? Well come on and try to win some prizes... Since it's Kansas Day we'll have such things as Cattleman's Delight and Buffalo brownies!!! Sound good, well bring something of your own creation and join us. Bring a guest, someone you'd like to see as a member of Optimist. Some of our members we could consider as guests. Let's help get our club growing!

I'd like to have some sort of count for food, please give me a response with email or a phone call. Thanks and hope you'll decide to join in on our fun! Bring your family! Karen Ireland

We are considering selling Christmas trees at the former Southwest Club location next year.

#### Lessons I have Learned

By Charles D. Sodergren Jan. 15, 2013

As far as I am *concerned*,

In my life the most important lesson I have *learned*,

It to treat my fellow humans with admiration and *respect*.

And that negative behavior and thinking we must immediately *reject*.

In our daily lives we should practice the *Golden Rule*,

And use all of the good manners that we learned in *school*,

I find that many of my problems exist only in my *head*,

There usually really isn't anything to fear and *dread*,

I should just take care of the immediate challenges *ahead*

Closed with the creed.

**SUNRISE OPTIMIST**  
**NORTH TOPEKA**  
Meetings: Every  
Tuesday 6:45 AM  
720 NW 50<sup>th</sup> St, Topeka