

HIGHLIGHTS

Newsletter of the Sunrise Optimist Club

Check us out on the internet: www.sunriseoptimist.org

Meeting called to order by **Karen Ireland**
President's quote for the week: **"Be thankful for pleasant memories. In some manner, no manner how seemingly small, make the way smoother for at least one person."**

Richard Sundermeyer gave the invocation.
Steve Schiffelbein led us in the flag salute.
Pete Foster won the progressive pot,
Dave Ireland won the weekly drawing and the 50-50 drawing.
Charlie Galligher and **Ben Tenpenny** had birthdays

We need your help this Saturday!

Our pancake feed will be at Logan from 7 AM to 1 PM on Feb. 12th. Call Pete Foster 357-6643 to help or just show up. Two work shifts- 6 AM- 10 AM and 10 AM- 2 PM

Tri-star basketball contest on Feb. 26th
District meeting in Salina- Feb. 19th
The Seaman Education Foundation dinner will be on Feb. 24th at 6:30. Tickets are \$20.
We voted to participate in the "Buy one get one free" fundraiser program. Tickets \$20.
Hunter's safety programs on March 22 and 24 and 29 and 31.

Program-Sally Zellers. Safe Streets was started 15 years ago by Rev. Dave Fulton of Trinity Lutheran Church. The Board is now chaired by Barry Feaker. Several primary programs are: Prevent underage drinking, Character Recognition, Voluntary mowing lawns, Lock it, Remove it, or Lose it, Record it! Report it! Recover it! They also set up Neighborhood watches and mediate problems.

Future Programs:

Feb. 15- Russ Ellenbaum on Homing pigeons
Feb. 22nd- Steve Anson
Washburn Baseball
March 1st- TBA
March 8th- Girls Oratorical contest
March 15th- Boys Oratorical contest

March 22- Greg Simms, Red Cross

March 29- Essay winners

April 5- Election Day

April 12- Washburn University Tech and Seaman Student of the month

The Seaman High school cross-country team places near the top in state wide competition every year. When asked why his teams experienced such success the coach revealed that he always runs with the team and gives them constant positive encouragement. Coaches at other schools drive a truck ahead of the runners and yell at them as they drive past. Having the coach run with the students inspires them to put out maximum effort. Seaman coaches lead by example and by pulling the team. Other coaches tried to push runners. Leadership by pulling works better than pushing. . The accord of persons united by bonds of mutual respect, honesty, and compassion is strong and unshakable. Conversely, the unity of those associated primarily by hierarchical authority, fear, intimidation, or greed is ultimately weak and unstable. The four C's of effective leadership and power, which can bring about positive change, are Collaboration, Connectedness, Compromise, and Compassion. This is "Power With," not "Power Over" leadership.

I have agreed to write the history of our club as a part of celebrating our fiftieth anniversary next year. **I need your help!** Please send me details of what happened various years- when we changed meeting places, when different programs started, names of persons who really made a difference in various areas etc. I have been a member of the club most of the 50, but I need information about the very beginning and details about things that are not

clear in my mind. Send it to: Chuck Sodergren
4620 NE Widigan Rd
Topeka 66617
Thanks!

Closed with the Creed



SUNRISE OPTIMIST
NORTH TOPEKA
Meetings: Every
Tuesday 6:45 AM
720 NW 50th St, Topeka