

HIGHLIGHTS

Newsletter of the Sunrise Optimist Club

Celebrating over 50 years of service to Youth & North Topeka!

President Dennis Reedy rang the bell and called the meeting to order at 6:48 AM and gave the invocation then we all recited the Pledge of Allegiance.

BIRTHDAYS:

Sunrise Optimists celebrating a birthday this week are: Steve Noble and Kim Patton.

ANNOUNCEMENTS:

Parking lots are looking good with stripping done on the main lot. Now waiting on stripping to be done on the west lot and this project is complete.

Sunrise Optimist Club Board of Directors will meet tonight, August 8, 2017 at 6:00 PM, Sunrise Optimist Activity Center.

Alan Rose visiting the Lake of the Ozarks this past weekend and stopped by Mike Bates' lake home to find past President Tom & Ann Bozeman were also visiting. Tom and Ann expressed their well wishes to the Sunrise Optimist Club.

Rolf Chappell reports that there are some items left over from this past baseball/softball/T-ball season's concession stand and are for sale.

Program for August 8, 2017

Kate Clemmons, Executive Director of Grace Home Care and Cindy Miller, Dementia Care and Alzheimer's Society. Kate reported on the Grace Home Care formerly known as Blasingame Home Care. Grace home care presently

has 50 caregivers providing non-medical services such as meal prep, housekeeping, companion care, laundry, shopping, errands and transportation. This may be covered by long term insurance but is not covered by Medicare or Medicaid. Cindy Miller is with the Heart of America Chapter of the Alzheimer's Association covering over 23 counties in northeast Kansas. There are over 100 dementia related diseases. The Association provides resource referral, provides support groups and has a library of resource material. There is no cost for their services. Alzheimer's risk factors increase with aging.

August 15, 2017: Austin Wright, Drone Racing

Drawings this week: Weekly: Alan Rose, Progressive: #69 - Don Pekrul

President's Quote: In the end, it's not the years in your life that count. It's the life in your years. Abraham Lincoln

Closed with the OPTIMIST CREED.

WANTED: Someone to serve as President and also someone to serve as Vice-President for the upcoming 2017-2018 Optimist Year! The term of office will start October 1, 2017 and run through September 30, 2018. Send all inquiries to Dennis Reedy.

WANTED: Newsletter editor! Send recommendations to Charlie Galligher.

