

HIGHLIGHTS

Newsletter of the Sunrise Optimist Club

We are on the worldwide web: www.sunriseoptimist.org

President Richard Maginot opened the meeting at 6:45 and gave the invocation.

Gary Slimmer led us in the flag salute.

Heather Williams was a guest today and is a prospective member. She is a staff accountant with a business and tax company. Past member, **Gordon Myers**, has re-joined our club.

Members who had birthdays this week were **Mike Bates, Judge Frank Yeoman, and Kieth Bodine**. We "sang" Happy Birthday to Kieth.

Charlie Galligher won the weekly drawing and **Lee Wallace** the progressive pot,

We are extending our drive to collect canned vegetables, noodles, beans, and macaroni for one more week. We need "Cancer Camp" donations. A list of needed supplies was distributed.

We continue to need someone to step forward and agree to be a candidate for President Elect.

A Halloween Safe House will be located at the Soldier Township Fire Department from 5-7 PM on Halloween. The Washburn Tech Holiday Gift and Craft Fair is Saturday, Nov. 14.

Kieth Bodine reported that we have 300 Christmas trees ordered and a sign-up sheet to work will be circulated in the near future.

President Maginot challenged us to live up to our Optimist Creed. The emphasis this month is on "*To be so strong that nothing can disturb your peace of mind.*" He explained the concept of "Act not Re-act."

Future Programs:

Nov. 3 – Sid Edwards, Principal of the Lyman Learning Center Alternative School.

Nov. 10 – Veterans' Day Recognition. All veterans are urged to attend and will be given an opportunity to tell about their service time.

Nov. 17 – Meeting at Garfield Community Center. Program on the after school program.

Nov. 24 – Jeff Taylor, owner of PT's Espresso Coffee.

Dec. 1 – Chris Tuck, Seaman USD 345 Health Director.

The program was presented by **Steve Yeoman**, the new principal at West Indianola. Steve grew up in the Seaman district, attended Rochester, Logan, and Seaman schools. He taught at Rochester and Pleasant Hill elementary schools and was Assistant Principal at Meadows Elementary school in Topeka, USD 501. Steve has a very positive outlook!

It's a funny thing about life; if you refuse to accept anything but the best, you very often get it.

Whether you think you can do a thing, or think you can't do a thing; you are usually right.

Don't let what you cannot do interfere with what you can do.

What may seem to be the end of the road may well be a new beginning.

He rarely hits the mark or wins the *game*; who says "I know I'll miss!" while taking *aim*.

The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness, or skill. It will make or break a company...a church...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past...we cannot change the fact that people will act in a certain

way. We cannot change the inevitable. The only thing we can do is play the one string we have, and that is our attitude...I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you...we are in charge of our Attitudes.

Closed with the Creed

SUNRISE OPTIMIST

NORTH TOPEKA
Meetings: Every
Tuesday 6:45 AM
720 NW 50th St, Topeka