

HIGHLIGHTS

Newsletter of the Sunrise Optimist Club

Check us out on the internet: www.sunriseoptimist.org

Meeting called to order by **Karen Ireland**.

President Karen's quote for the week-
"Today, eliminate condemnation and display compassion. Kindness is appreciated now and any time of the year."

Richard Sundermeyer gave the invocation.

Dave Ireland led us in the flag salute.

Ed Popkess won the progressive pot,
Mike Brier won the weekly drawing.

Levi and Troy Sundermeyer were guests of their father, **Richard**

Lloyd Becker reported that we have a profit of \$2,500 from Christmas tree sales.

We continue to need sponsors for the basketball leagues that start in January. To sponsor a team it costs \$75. Contact Mike Stock.

The program-- Terry Morrow, technology Director of the Seaman district. Wow!!

Future Programs-
Jan. 4th- A representative from the Topeka Zoo. (Probably a human being!!)

Jan 11th- Sally Zellers, Safe Streets and Seaman Student of the month

Invite three new Friends to be a part of our Optimist club and our club will receive a special banner patch and the opportunity to add one complimentary new traditional member. By having more members we will become stronger and will have increased resources to meet the challenges and opportunities in the North Topeka area to help more kids!

The quality of mercy is not strained, it drops as the gentle rain from heaven upon the place beneath. It is twice blessed; it blesses him that gives and him that takes- William Shakespeare



**Meetings: Every
 Tuesday 6:45 AM
 720 NW 50th St, Topeka**

Kindness is the acting out of our deep and real connection to everyone and everything around us. It is the realization that all of us are in fact, not just in theory or theology, in this together. Kindness is what we do, person to person, moment to moment. It is about who we truly are. Its power is not only easily accessible to anyone who cares to use it, but it also can never be diminished; it expands with every action. It has the ability to utterly transform another person's life through the simplest of actions. It has the capacity to return us to the very core of our humanity. Kindness can and does open hearts, erase boundaries, and change lives.

Do not wait for leaders; do it alone, person to person- Mother Teresa

Kindness is twice blessed. It blesses the one who gives it with a sense of his or her own capacity to love, and the person who receives it with a sense of the beneficence of the universe. Kindness heals us, because it reminds us of our oneness, allows us to see ourselves in one another's eyes, to remember that eyes themselves are a miracle, that seeing a gift, and that the other person, no matter who he or she may be, is in one way or another, a perfect reflection of ourselves. **The power of kindness is immense. It is nothing less than the power to change the world.- Daphne Rose Kingma**

If there is any kindness I can show, or any good thing I can do for any fellow being, let me do it now, and not deter or neglect it, as I shall not pass this way again. William Penn

We do not remember days,
 we remember moments-
 Cesare Pavese

The purpose of life is a life
 of purpose

Closed with the Creed